

yorktest health menu

Stress (Cortisol) Test



Check your level of cortisol, your stress hormone, with this simple test.

Identify whether your stress hormone levels could be impacting your life, your immunity and your health.

Diabetes Test



Are you concerned about developing Type 2 Diabetes? Our Diabetes Test measures your HbA1c levels and is a reliable indicator of pre-diabetes and Type 2 diabetes.

Essential Health Check

Covers the following health markers, in one simple finger-prick blood test:

- Liver function
- Cholesterol
- Vitamin B12
- Folate
- Vitamin D
- Iron deficiency

Results include whether lifestyle changes or a visit to your GP is recommended.



Inflammation (CRP) Test

Check levels of inflammation in your body with this simple test.

Identify risk of damage or deterioration in your body that you may not be aware of.

Risk marker for heart disease, stroke, chronic conditions and infections.

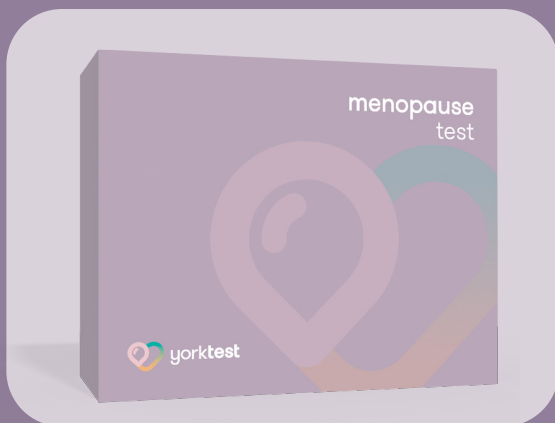


Menopause Test

Do you think you may be approaching the menopause?

Understand whether your menopause status may be impacting your health and what you can do to help.

Tests for LH, FSH and oestradiol which are key markers of menopause status.

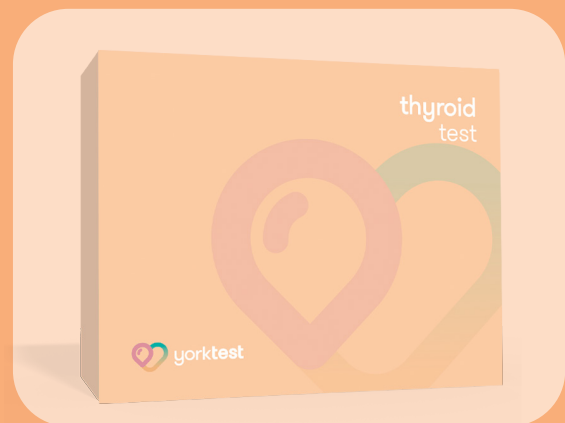


Thyroid Test

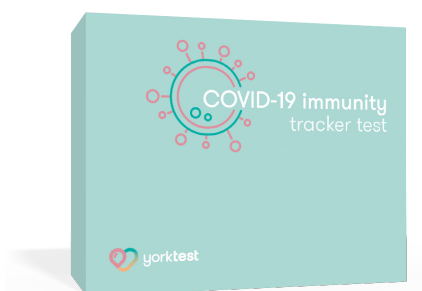
Are you suffering with symptoms such as low energy, unexplained weight gain or loss, changes in mood, dry skin, or muscle aches? You may be suffering from an imbalance of your thyroid hormones.

Understand whether your thyroid hormone levels may be impacting your health and what you need to do next.

Tests for free thyroxine (FT4) and thyroid-stimulating hormone (TSH) which are the key thyroid markers.



COVID-19 Immunity Tracker Test



Find out your level of immunity against the COVID-19 Coronavirus.

What level of protective antibodies do you have following your vaccination against COVID-19? Or if you've already had COVID-19, do you have antibody protection?



Test results are provided for informational purposes only and are not a substitute for professional medical advice. You should not use this information for diagnosing or treating a medical or health condition. If you feel unwell or suspect that you have a medical problem, promptly contact your GP.

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